



Active Schools Week 2024.

Monday: Yoga with Rachael.

09.20 -10.10 Mr. Kelly.(5th and 6th)

10.10-11.00 Mr. Eustace.(3rd and 4th)

Sos.

11.15-11.55 Ms. Garrahy.(1st and 2nd)

11.55-12.30 Ms. Browne.(Junior and Senior Infants.)

Tuesday: Fantastic Football with Mark.

09.20 -10.10 Mr. Kelly.(5th and 6th)

10.10-11.00 Mr. Eustace.(3rd and 4th)

Sos.

11.15-11.55 Ms. Garrahy.(1st and 2nd)

11.55-12.30 Ms. Browne.(Junior and Senior Infants.)

Wednesday: Gymnastics with Magda.

09.20 -10.10 Mr. Kelly.(5th and 6th)

10.10-11.00 Mr. Eustace.(3rd and 4th)

Sos.

11.15-11.55 Ms. Garrahy.(1st and 2nd)

11.55-12.30 Ms. Browne.(Junior and Senior Infants.)

Thursday: Mile an Tamhnaigh Road Race.

This will also be Jersey day. Children can choose to wear their county or club colours or any jersey of their choice.

Friday: Hurling/Camogie with Anne.

Swimming starts for 6 weeks at 1 pm in Ennis Pool.

Please note the following:

- P.E. homework every night to replace most of the written homework
 - Tracksuits all week
- Design an ASW poster or piece of artwork. Prize for overall winner.

Daily Activities

- 9.20 - Wake up & shake up - whole school walk and talk activity and we will have music in indoor astro if it's wet.
- 12.15 - Drop everything & dance - using GoNoodle -

Username: tooagschool@gmail.com

Password: toonagh2024

- Try and squeeze in a P.E. lesson with your class (may not be possible with all that is going on each day).
- We will do Run around Ireland at 1pm each day. Run laps of the astro and keep count of your classes laps.

Active Schools Week Committee: Student Council volunteered to be part of the committee so don't hesitate to ask them for help during the week. They will get equipment for teachers and they will distribute equipment at play times etc.