



## Toonagh NS suggested daily routine for pupils during school closure

*Do as many activities as possible with your brothers and sisters. Work together and be kind to each other! Tidy up after activities and meal times and help your family.*

Time of day	Activity
<b>8.30am to 10.45am</b> 	<ol style="list-style-type: none"> <li>1. Wash, dress and have a healthy breakfast. Tidy up after yourself and make sure to wash your teeth and make your bed.</li> <li>2. Go outside and do 20 minutes of any activity you like.</li> <li>3. Complete work given by your teacher.</li> </ol>
<b>Mid-Morning Break 10.45am to 11.00am</b>	<b>Have a healthy snack. Be sure to tidy up after yourself.</b>
<b>11.00am to 12 noon</b> 	<b>School On TV</b> Turn on RTE 2 and watch the programme <b>RTE Home School Hub</b> . This TV programme is supported by the Department of Education.
<b>12.00noon to 12.45pm</b> 	<ol style="list-style-type: none"> <li>1. Go outside and observe the changes around you in nature. Make a record of these by drawing or taking a picture. Tidy the garden. See <a href="#">Home Learning Activities attached here</a> for other ideas.</li> <li>2. Listen to your favourite song and sing/dance make a list of favourite songs with family members and take a turn every day playing one.</li> </ol>
<b>Lunch Break 12.45pm to 1.15pm</b>	<b>Don't forget to look at the Food Pyramid and help make a healthy lunch. Make sure to tidy up after yourself.</b>
<b>1.15pm to 2.00pm</b> 	<b>Daily Diary or continue school work/project work</b> Write a daily diary. Draw or take a picture to go with what you write. Include illustrations, photos of the local environment etc..
<b>2.00pm to 3.00pm</b> 	<b>Shared and Independent Reading</b> Don't forget to take an Accelerated Reader (AR) Quiz if you can <a href="https://ukhosted11.renlearn.co.uk/2935049/">https://ukhosted11.renlearn.co.uk/2935049/</a>  You can log on <a href="https://home.oxfordowl.co.uk/">https://home.oxfordowl.co.uk/</a> find a book, check if it is on AR <a href="https://www.arbookfind.co.uk/default.aspx">https://www.arbookfind.co.uk/default.aspx</a>  Also you can log onto <a href="https://readon.myon.co.uk/library/browse.html">https://readon.myon.co.uk/library/browse.html</a> a digital library with 7000 books and do some extra reading.

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